

The Century Leader Codex

One page. Fifteen rules, drawn from the whole book. Read one each morning, and keep the page where you will see it.

SELF

1. **The Kingdom Within.** I decide who I am, in writing, and I vote for that person with every action. I never lie to myself.
2. **The Body That Leads.** I treat sleep, movement, food, light and recovery as the engine of my judgment, not as rewards for finishing the work.
3. **The Discipline Engine.** I build a system I can run on my worst day, and I keep showing up on small days so that large days have something to stand on.
4. **The Pause.** I put a gap between provocation and reply. I may write the hot letter; I do not send it.
5. **The Learning Mind.** I distrust what I want to be true. I seek the best argument against my view, and I say "I was wrong" while it is still cheap.

SIGNAL

6. **Quiet Authority.** I need nothing from the room except to do right by it. I speak slowly, say what is true and useful, and stop.
7. **Words That Build Worlds.** I give the answer first, then the reasons, then the detail if it is asked for. I say plainly what others would dress up.
8. **The Art of Reading People.** I judge people by patterns over time, not by promises or performances, and I listen until the other person says, "That's right."

CIRCLE

9. **Trust.** I keep my word, above all the small promises. When I break one, the correction costs me something.
10. **Influence.** I persuade only in ways I would be comfortable explaining to the person I am persuading.
11. **Teams.** I thank the bearer of the first red chart, and I make it safe to say that something is wrong.
12. **Standards.** My standards apply to the powerful, the beloved, and me. I have the hard conversation early and with care.

STRATEGY

13. **Thinking, Money, Storms.** I diagnose before I plan. I know my numbers and the meaning of *enough*. In a storm I steady myself, tell the truth and give people structure.
14. **Machines.** I let AI draft, search, check and rehearse. I never delegate the decision, the apology or the promise, and I verify what matters.

SUCCESSION

15. **Character and Succession.** I am the same person unobserved. I sponsor, not merely advise, and I measure my leadership by the leaders I leave behind.

Test of the page: if a rule here does not change something you did this week, you have not yet adopted it.