

The Century Leader Quick Check

Fifteen statements across the five territories of the book: Self, Signal, Circle, Strategy and Succession. Score each from 1 (**rarely true**) to 5 (**almost always true**). Be honest rather than flattering; no one is watching but you. It takes about five minutes.

SELF

1. I protect my sleep and recovery, and I can name the values I will not trade away. ____
2. I keep my habits on days I do not feel like it, and I pause before replying when I am angry or anxious. ____
3. I look for evidence that I might be wrong, and I say so when I am. ____

SELF total: ____ / 15

SIGNAL

4. I stay steady under pressure, and people can tell by how I speak. ____
5. I put my main point first, in plain words. ____
6. I listen without preparing my reply, and I judge people by patterns over time. ____

SIGNAL total: ____ / 15

CIRCLE

7. I keep small promises, and people bring me bad news early. ____
8. I persuade only in ways I would be comfortable explaining in full. ____
9. I apply my standards equally to people I like, and I have hard conversations promptly. ____

CIRCLE total: ____ / 15

STRATEGY

10. I diagnose a problem before I leap to a solution. ____
11. I know how my team or household makes and spends its money, and what *enough* means. ____
12. I use AI deliberately, verify what matters, and never hand off a decision or an apology. ____

STRATEGY total: ____ / 15

SUCCESSION

13. I behave the same way whether or not anyone is watching. ____
14. I am actively sponsoring at least one person. ____
15. My team could do well without me for a month. ____

SUCCESSION total: ____ / 15

OVERALL: ____ / 75

How to Read Your Result

- **60 to 75, Century Leader.** Your practice is strong across the board. Your task is multiplication: raise the people who will replace you.
- **45 to 59, Rising Leader.** The foundations are sound. Choose your lowest territory and read its chapters next.
- **30 to 44, Emerging Leader.** Real potential with uneven practice. Begin with SELF; everything else rests on it.
- **Below 30, Beginning.** A good place to start, because every gain will show. Pick one chapter and do its smallest useful step.

Three Ways to Read More Than the Total

Find your frontier. The territory with the lowest total is your next place to read. Self is Chapters 1 to 5, Signal 6 to 8, Circle 9 to 12, Strategy 13 to 16, Succession 17 to 19.

Find your one item. Your lowest single score names the habit to try first. Do only the smallest useful step from its chapter.

Check for blind spots. Ask one colleague or friend to rate you on the same fifteen lines. Where their number is more than one point below yours, assume they see something you cannot. Ask for an example. Do not argue.

A caution: a quick check measures how you see yourself on the day you take it. Treat it as a mirror, not a verdict. Take it again when you finish the book and see what moved.